

# TYPICAL FIGURE BUDGET

By now you have *figured* out that competing will cost money...probably more than you thought. I want to make sure you start thinking ahead and budgeting for the most important things you will need to train, compete and win!

Use this sample budget below to help map out the costs.

	Estimated	Actual
Figure Prep Program	\$300	_____
Shoes	\$ 60	_____
Suit	\$300	_____
Tanning & Makeup (self)	\$ 75	_____
Tan + Makeup	\$150	_____
Supplements (16 wks)	\$600	_____
Food (16 wks @ \$150/wk)	\$2,400	_____
Posing Coach(12 wks)	\$500	_____
Hotel Room	\$180	_____
Event Registration	\$ 65	_____
Agency Card	\$ 40	_____
Hair & Nails	\$200	_____
Waxing/Exfoliating	\$100	_____
Photos & Video	\$150	_____
Total	\$5,120	_____

[Learn about all the coaching options available here.](#)